

St. Mary's Elementary School
225 6th St., Tracy MN 56175
507-629-3270

Illness

Attendance at school is very important, but staying home to recover from illness is just as important.

Children who come to school sick don't learn as well and will spread their illness to others. On the other hand, having an ill child means your day changes with parents or grandparents work schedule, day care needs and medical appointments. **Plan now for those days when your child is ill.** Here are guidelines to help decide if your child is ill enough to stay home from school.

Stay Home or Go to School?

*If your child has had a **fever over 100, vomiting, or diarrhea**, the child should stay home until they have been symptom free for 18-24 hours.

* If your child has a **temperature of 99.6 or more in the morning**, keep him/her at home as this may be the first sign of an illness.

* If your child has a **persistent cough along with not feeling well**, regardless of temperature, consider keeping him/her at home. If a child has a cough but feels okay and has a normal temperature, you can send him/her to school.

* If your child has a **rash, along with a fever** and/or general feeling of not being well, keep your child at home.

* If your child has **draining skin sores**, keep your child at home.

* If your child has an illness requiring **antibiotics**, please keep your child home until 24 hours have passed after the first dose was given.

*If your child has live **head lice** (whether treated or untreated) or untreated nits present, keep your child home, and give a lice treatment.

*If your child has **drainage from ears or eyes**, keep your child home.

IMPORTANT: If your child is staying home, please call the school by 8:30 am. This helps us keep track of illness among the students.